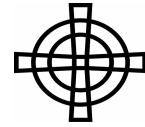


July, 2010



The Voice

IN THE WORKS

There are several projects which are “in the works” and in various stages of completion. Here are some of them:

1. **REDOING THE UPSTAIRS KITCHEN.** Plans have been completed for the renovation of the upstairs kitchen off the fellowship hall and work will begin soon. Included in the project will be the removal of one sink, installation of a wall mounted microwave, a new coffee pot connected directly to a water source, new tile on the floor and refinishing of the cabinet doors. Much of this will be paid for by a generous gift from one of our members. This renovation will make the serving of weekly coffee much easier.
2. **RETHINKING THE WORK OF SHEPHERD GROUPS.** Some of our Shepherd Groups function very well, while others are having a hard time. A committee is meeting to think through what the purpose of the shepherd groups is, and if possible and desired, it may be possible to make new groups out of some of the present groups. When this work is finished, representatives of all of the groups will be asked to come to a meeting where all of the concerns of the groups can be expressed and the activities of all of the groups can be shared. The Shepherd Groups are an important part of the life of our community and should be a joy and not a burden.
3. **FORMULATING A NEW POLICY FOR SERVING AT FUNERALS.** One of the basic functions of the Shepherd Groups is to serve the fellowship time after a funeral. Since so many of our members are older and find it difficult to prepare meals, a new policy will be drafted and submitted to the Church Council which will enable the groups to continue to serve, but the responsibilities will be lessened.
4. **A MINISTRY FAIR** is planned for Sunday, September 5. Each organization and ministry of our congregation will have a booth or display so that all of can learn more about the ministry opportunities available to us. Time/talent sheets will also be distributed so that we may all restate the ministries in which we seek to serve.

PAGE TWO

“Thanks for taking your time.”

I often hear this as people leave my study after a conversation, a time of prayer, the sharing of a struggle or just the sharing of news: “Thanks for taking your time.”

In response, I say “It’s not my time, it is your time!” “My time is your time!” That is the nature of the ministry. The pastor does not have his own time outside of the time he spends with his people. Yes, the pastor needs time for study, prayer and preparation. But the first call on his time – the first call on my time goes to that person who wants to come in and talk.

And the word “talk” is important here, because I am not so much an advice giver as a listener. I am told that lots of people go to the doctor simply because they need someone to talk to. And I am told that doctors feel that some of the people who come in to see them are not so much sick as in need someone to listen. They do not need a stethoscope as much as they need an ear. It has often happened as I have listened to people, they have talked their way through to the solution of the problem about which they came in to talk. When they thank me for my advice (which I did not give), and when they say, “Thanks for taking your time” (which wasn’t mine to begin with!), I feel that I am getting credit for work they did. All I did was listen.

In this regard, I bring to your attention that we have begun the process of recruiting and training a new class of Stephen Ministers. There is a desperate need in our congregation for Stephen Ministers, because lots of the members of this Christian community need people with whom they can talk and share their burdens in confidence. If you want to understand in a quick way what Stephen ministers do, just remember this: Stephen ministers listen. They are listeners. Stephen ministers are trained listeners. Yes, there is training in things other than listening, but the basic training is about listening. The training is about listening and helping people say more clearly what is on their hearts and minds. Stephen Ministers are not advice givers; they are friendly, confidential ears, through whom God works healing. And so much of the healing comes from listening.

Some people cannot listen. Some people need to talk and such folks do not make good Stephen Ministers. Personally, I find it easier to listen than to talk. I find it easier to empathize than to give advice. If you have the ability to listen, and to listen without judging, please contact Jerry or Linda Shaw. The Stephen Ministry needs you because United Lutheran Church needs listening ears. And those who enter this ministry, often hear this word of appreciation: “Thanks for taking your time.”

Pastor Richard Solberg



Thank you, thank you to all of you who attended our 50th wedding anniversary reception at United on July 20th! Your congratulations, best wishes and cards meant so very much to us! A special “thank you” to Sandy Hansen for making all the arrangements for the reception. Thank you, too, to the women who helped Sandy. United is indeed a caring family.
Dean and Lola Fodness

How wonderful to have friends, especially those who pray for you. I am absolutely overwhelmed with the prayers, concern, cards, food, and calls for me for my recent surgery and while waiting for biopsy results. Thanks to each of you. To God be the glory - great things He has done.
Kay Anderson

Thank you to everyone who expressed their concerns over my broken ribs. Special thanks to Pastor Solberg, the Intercessors, Pat Kugler, Fred Schaap, and all the cards and prayers. As of 6/25/10, the ribs have not completely healed, but may soon. God’s blessing to you all.
Ron Snyder

Change of address:

**Pastor Ben Veit
4212 N. Point Drive
Zanesville, OH. 43701**



Glennice Picht
April 7, 1930 - June 20, 2010

GREETINGS!



SKIN CANCER

Are You a High Risk?

People with any of the characteristics listed below are at higher risk for skin cancer. They should, therefore; be particularly careful of sun exposure.

Fair Skin Although anyone can get skin cancer, the risk is greatest for people who have fair skin that freckles easily - a description that often includes redheads or blondes with blue or light-colored eyes. Light skin is most vulnerable because it has less melanin, the pigment that helps prevent burning.

Place of Residence People who live in areas that get high levels of UV radiation from the sun are more likely to get skin cancer. Skin cancer is more common in the South than North, where the sun is not as strong.

Long-Term Exposure to UV Radiation People who work outdoors, such as farmers and construction workers, and those who go boating often, play a lot of outdoor sport, or sunbather are at highest risk of developing skin cancer. Keep in mind that even though most skin cancers appear after age 50, the sun's damaging effects begin at an early age. Therefore; protection should start in childhood.

Sudden and Intense Sun Exposure People who work indoors all week and then bask in the sun for hours on end over the weekend are also at increased risk of developing melanoma.

Moles Certain moles make it more likely that a person will develop melanoma. See a doctor if you have a mole with any of the following characteristics: 1)the mole is asymmetrical (one half is unlike the other half), 2) it has borders that are uneven or irregular, 3) the mole has uneven coloring (varying shades of brown, black, & pink within a single mole), 4) the diameter is over 6mm (the diameter of a pencil eraser).

Family History Those with close relatives who have had skin cancer are at greater risk of developing it themselves.

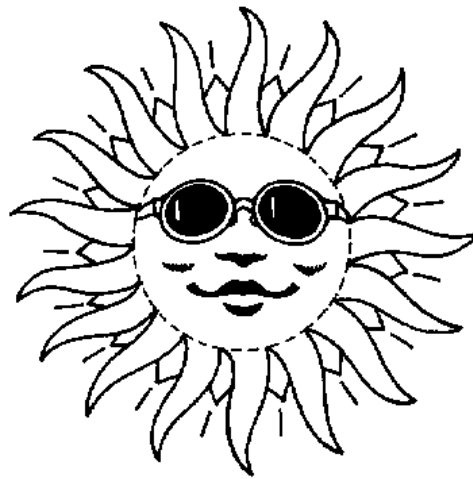
(Continued)

Diet As early as 1939, animal studies indicated that mice fed a high-fat diet who were exposed to UV radiation developed cancer at higher rates than those on a lower fat regime. Also research found that humans who have a high-fat diet are at greater risk for pre-malignant tumors and skin cancers associated with UV exposure. Everyday exposure counts; you don't have to be actively sunbathing to get a damaging dose of the sun. This can happen walking the dog, cutting the grass, working in the garden, playing sports, and picnicking.

Your Parish Nurses,
Pat Kugler
Charlotte Spencer

Source: Skin Cancer Foundation and the American Academy of Dermatology

“Spread love everywhere you go: first of all in your own house. Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile, and kindness in your warm greeting.” *Mother Theresa*



[Notes/from/the/Music/Dept.]

During July, August and September we will be using Setting 10 for the liturgy in our Sunday morning Worship Services. Chancel and Sanctuary Choirs will be on vacation after July 4th for the remainder of July and August including the 1st Sunday in September, Labor Day week-end. However, there will be Special Music for each service provided by our musicians and any guest musicians visiting our members this summer.

I want to THANK ALL who have been Cantors during the year!! You have led us well! In the fall we will be using the settings that require a Cantor and look forward to each of you helping us again.

THANKS to PEGGY BILLMAN KURTZ and TOM BILLMAN for providing special music Sunday, June 13, and to the Youth Choir for their songs from VBS!!

Keep the titles of your Favorite Hymns coming in! We will use a number of these during the Worship Services each Sunday this summer.

A reminder—we will be “Gathering at the Flag Pole” before each Worship Service on Sunday, July 4th, as a tribute to INDEPENDENCE DAY!

Our THANKS to JERRY and LINDA SHAW for all they did to set up the sound system so the Orchestra could be heard at the Flag Pole and in the Sanctuary July 4th!!

We want to THANK all who provided Special Music for our Worship Services in July. Our THANKS, also, to Sandy O'Neil for leading the National Anthem for the Gathering at the Flag Pole July 4th.

HAVE A GREAT SUMMER!! SEE YOU IN CHURCH!!

AN OPEN LETTER TO THE CONGREGATION

Due to the decisions of the ELCA last year and the changes here at United following Pastor Nelson's retirement I am resigning as Visitation Coordinator and we will no longer be members of United Lutheran Church effective July 4, 2010. This was not a hasty or easy decision. I have carefully and prayerfully searched the Scriptures and asked the Holy Spirit to bring me to a decision that will be pleasing to my Heavenly Father and honor Jesus as Lord in my life.

During the last ten years we have enjoyed our ministry at United. We have been blessed with wonderful friends who have encouraged us, prayed for us and loved us. We will continue to live in Bella Vista and hope we can still maintain our relationships with our friends at United.

Thank you for the wonderful memories. We will keep you in our thoughts and prayers. May you all continue to grow as children of our Heavenly Father, disciples of Jesus and believers who are led by the Holy Spirit.

With Sincere Love,

Fred and Kristin Schaap

THANK YOU, FRED AND KRISTINE

It is with great sorrow and regret that we receive and accept the resignation of Fred Schaap as Visitation Coordinator of our United Lutheran Church. For ten years, Fred labored among us, making home and hospital visits, taking people to their doctors, listening to problems, faithfully bringing Holy Communion to shut-ins, and leading the Stephen Ministry team. Fred's ministry has been much appreciated by those whose lives he touched and his presence will be sorely missed. Kristine, too, was an active part in this ministry and we will miss her ready smile and hearty laugh. We wish them God's richest blessings as they continue to seek God's path for their lives. Thank you, Fred and Kristine, for being among us with such grace and faithfulness.

The Church Council
United Lutheran Church

"The Theme for the Stewardship Drive for 2010 is "More Than Enough".

Giving in gratitude. 'God is able to provide you with every blessing in abundance.' 2 Corinthians 9:8. Posters with the theme are now throughout the building.
Stewardship Committee.



The meeting was opened by President Rumsey welcoming the 33 attendees and thanking the kitchen crew for an excellent breakfast. Two anniversaries were noted with the 50th anniversary for chef Krumrey.

Devotions were lead by Pastor Dale Jirousek.

Treasury and secretary reports were read and approved.

Our speaker for the day was Curt Lohrding from the Bella Vista Recycling Center. Curt reviewed the activities of the Center and talked about the impressive volume that the center handles and the amount of dollars that are contributed to the local community. They are always in need of more volunteers.

Since there was no old or new business the meeting was adjourned with the Lord's Prayer.

The golfers hurried to the exits to be met by---rain. Better luck next golf day.

The next meeting will be held of Monday July 5.

**Prayer
Corner**



One of the most powerful tools we have against Satan is Prayer! No wonder Satan tries to get us to doubt the power of Prayer.

Piece Makers meet all summer long at 9:00 a.m. on Thursday. *Luther Hall is a “cool” place to be on a hot summer day.* There are many tasks for willing hands—you don’t even have to know how to sew to be part of this wonderful fellowship.

Just Come on Down!

* **A New Year Starts in September** *
* We are busy planning great programs for *
* next year. New yearbooks will be printed *
* in September, so if you have changes, be *
* sure to let us know. *
* *If you’ve been thinking about becoming* *
* *part of the Women of United, September* *
* *is the perfect time to get started. All* *
* *women who attend United are invited to* *
* *take part in our activities! Call Pat* *
* *Dobbe 855-7714 or Jane Nelson 855-* *
* *2745 for more information.* *

Bible Study 2010-2011
The People of God:
Unity in the
Midst of Diversity

In this study, we will explore topics such as Spiritual Gifts, Race and Culture, Loving Relationships, and Barriers to Resurrection. Some of these topics can be hard to talk about, but we will study them in order to enrich our lives together as a community of faith. Join us in September.

July 11



July 21 9:00 a.m.

Visiting Phobes

No Board Meeting in July

Cookies
Rachel Circle

Women of United
General Meeting
July 21 9:30 am



(Note the date change!)

Join us for a morning of Bible Study and fellowship. Our summer study, *Pray Always* is in the July issue of *Lutheran Woman Today*. We will do Session 2: Waiting with Patience and Hope, and Session 3: Power. Pastor Solberg will lead the study, so you know we’ll have an exciting and rewarding morning. Come for breakfast and good fellowship. Everyone is welcome. Hostess: Martha Circle Sign up at the Women’s Podium.

“Anchored in Hope”
AR/OK

Synodical Women’s Convention
July 23-25 Branson, MO



We have 18 women signed up to attend our synodical women’s convention this month. Our delegate is Pat Dobbe. Ellen Gifford and Toni Hippe are on the ballot for positions on the Synod Board. Our women will be taking quilts and Fair Trade coffee along to show others what we are doing as a congregation. We ask for your prayers that God will enrich the Women of the ELCA as they gather to celebrate His name and carry out His work.

Social Ministry

Helping Hands of Bentonville and **Care and Share** of Gravette were both grateful for our donations of \$2000.00 to each of their food pantries. During these difficult economic times both food pantries are providing food to an ever increasing number of families. We thank our congregation for making it possible to make contributions to agencies serving our local communities. *The Social Ministry Committee*



The children's Sunday School will be taking a break (not meeting) from July 4, 2010 until August 8, 2010.

The Pastor's Bible class will continue to meet each Sunday at 9:15 a.m.



The July meeting of Bread for the World will be Wednesday, July 21 at 9:15 a.m.. Please join us to hear of the needs of hungry people. We write members of Congress concerning these matters. Some are making their contacts by E-mail.

We are making plans for the Ministry Fair in September and Bread for the World Sunday, October 24.

For information call 876-2700 or 876-5437.